

walker fahey

THE BATTLE OF THE SENSES

From age to age, men depending solely upon the lower aspect of their five senses have fought a repetitive and losing battle in a mortal world. Until one enters into transcendental mastery, no matter how highly he is evolved, he interprets everything through some level of sense dependence – for he is yet bound to the downward gravities. Thus, he interprets life from the waist downward through the senses and the lower mind, which are the vehicles for the memory habit-patterns of ego and the ancestry. -Ann Ree Colton

My sharing this morning is Part One of a series of three talks on what Ann Ree Colton calls the “*chakra ascension*,” which is about how we move through each chakra station from our dependence upon primal sense into the use of what she calls primordial sense perception. Ann Ree writes “*To use the ultra sense or higher sense perception as the shepherd over the five senses is to make the senses the servant rather than the master of one’s mind and emotions.*” So much of the spiritual instruction that we have received from our beloved Teachers has centered around helping us to not become victims of our senses and their duality action in our lower three chakras.

The teacher comes into the life of the student to bring the chakras into clockwise action through soul-processes of life and light. -Ann Ree Colton

If we briefly look at how the creation process shaped and formed us into our current manifestation we can see that our chakras are the groundwork of our current iteration as human beings. Before the stages of physical embryology began, we were shaped by spiritual embryology processes. In our evolutionary journey we were etheric chakra energy first, and material four-body systems second. The midwives helping to give birth to this spiritual embryology process were, as Ann Ree writes, “*Hierarchy, the Angels, and the Father.*” Our evolution from etheric to physical beings was an alchemical process utilizing primordial power that these

heavenly Beings fused together for our early stages of development. These spiritual midwives created the birth canal for our transformation into spiritual beings as we try to imprint soul rhythms onto the dynamics of our chakra stations.



I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well. -Psalm 139:14

When we moved from the Edenic state, where we had soul-faculty sense perception, and we were then stepped down into a material plane as a soul-consciousness vehicle, our first three lower chakras were the sheaths, or matrix vehicles, from which each of our four bodies were created. Our five senses were formed out of a bundle of mind-stuff energies at the base of our spine (root chakra).

The chakra-wheels in each person are as old as the soul. As the soul is deathless, so is the power turning the wheels of the chakras deathless.

The lower chakras are energy-vortices functioning within the lesser etheric body; these energy-vortices support the energy processes of the physical body. The etheric influences of the chakras upon the muscular system, the nervous system, and the glandular system are an essential part of the selective physiological and biological functioning of the physical body. -Ann Ree Colton

Our chakras are eternal and our four bodies, which we hold so dearly, are not so fortunate. When our physical bodies die our chakras automatically become part of the living matrix for our next incarnation. Much of what we call “our bodies” are really the result of extracted energies from the actions within our chakras. We form our material selves out

of the etheric stuff of our chakra action. We are constantly giving birth to our own form and creation.

Every phase of life one has experienced in this earth has been utilized through the rise of Kundalini fire within the functioning of the chakras.

-Ann Ree Colton

I will put my law in their inward parts, and write it in their hearts.

-Jeremiah 31:33

Our chakras are a major functioning component of our Inward Parts Laws. As long as the lower sense functions predominate in the life of our chakras we will find it hard to live through the inward parts eternal energies imprinted into our chakras. Ann Ree writes, “*One must seek and find within himself the face of God upon the deep waters of the void or atom-core of his chakras.*” This ascension journey through the chakra gates defines the etheric component of giving birth to our soul in the kingdom of Maya. As we move toward soul birth, with each step we are supported by the life Spirit of the Christ. “*For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death*” (Romans 8:2). Surrounded in the supportive Christ Light, we are able to thoroughly cleanse our own inner darkness and transform it into light as the higher sense faculties begin to activate in our chakras. There is always light at the end of the tunnel of each chakra illumination station, and it is through chakra transformation that we reach it.

We shall all be changed. -1 Corinthians 15:51

Jonathan has said that everything is a test – and one of the most important and on-going is the test of our energy-stewardship of our lower three chakras. Jonathan wrote that as we attempt to live within the chakra energy laws, “*A Truth-seeker first must learn how to work with God in the creation of himself.*” With each little victory, each time a spiritual habit is ingrained in our daily life, each time we turn the other cheek, each time we see the Divine Image in others, each time we are grateful for whatever Omnipresence brings us, each time we see the miraculous in the mundane, we are creating ourselves anew, we are contributing to clockwise energy in our chakra stations. These are all mini steps toward Dharmic Enlightenment, which is totally dependent upon healthy chakra evolvment and upward flowing Kundalini.

In the slowly evolved and unawakened ego, the

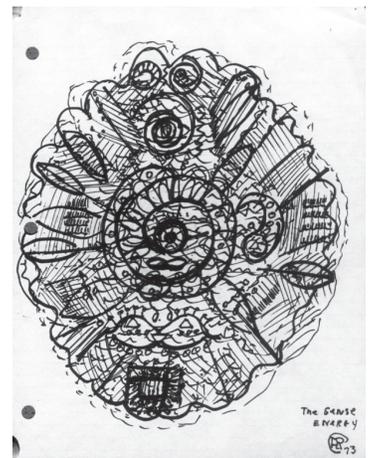
three lower chakras move in erratic, contraclockwise action: the sentient nature and self-willing are the predominant expressions of the life-force contained within the chakras. -Ann Ree Colton

I liken this lower degree of sense dependence to being in an energy prison of our own making.

When one is engrossed in sentient, material feeling and thinking, the contra clockwise action of the three lower chakras holds him to the external gravity forces in thought and in action. -Ann Ree Colton

All of our instincts, and what Ann Ree calls “primal memories,” emanate from our three lower chakras. If we are ever to activate our primordial/eternal memory bank account and live through a Self-, Soul-, and God-Realization consciousness, we must master the will initiations of the three lower chakras and, more specifically, the will and desire functions as they play out in the solar plexus chakra.

We have an on-going tension of the opposites within us between our instinctual reflexes supported by the lower mind and the intuitive knowing supported by the higher mind. The battle field for the higher and lower sense expressions plays itself out in our chakra system. We need this dynamic tension between the alternates in order to give birth to the Third Aspect in all energy. Ann Ree says we need to go into the void in each chakra station and through the transformational drama of transenergizing sense into ultra-sense we manifest new life-rhythms grounded in soul principles.



The Sense Energy by Ann Ree Colton

The spiritual seer looks into the soul's velocities and vibrations, he experiences energy and sees movement everywhere. Above all, he sees the supporting composite rhythm in the soul-order and nature of the Self. -Ann Ree Colton

Clockwise chakra functioning will support this soul order that Ann Ree speaks of by keeping us connected to the

spiritual updrafts that are part of the rising Kundalini flow in healthy chakras.

Ann Ree calls the third chakra the “*open door to the cosmic and spiritual.*” We must knock on this door. The loudest knocks come from those who have developed what Ann Ree calls “*Kundalini-chakra sensitivity,*” which involves polarizing our own chakras and cooling our Kundalini fire, so that it can flow upward toward the heart and up into the higher unconscious realm. The kinetic action of “*the chakra ascension*” (ARC) is a little bit like sliding a periscope up through a very narrow channel. We must transform each station as we travel through it from a lower sense dependent action to a higher sense expression.

When Kundalini fire is lifted, reversed, and freed from its sensing karmic imprisonment within the lower chakras, this becomes illuminative light in the heart chakra; all higher chakras rise upward toward the soul and the Higher Self. -Ann Ree Colton

First, we must penetrate the veil of our own lower sense impulses.

There is a protective Cherubim-curtain or psychic energy-web between the solar plexus chakra and the heart chakra. -Ann Ree Colton

The third-chakra initiation could be likened to an eye-of-the-needle challenge or crossing point into the supersensible chakra experience, in that it is in the third chakra that a sort of vacuum occurs between the downward pull of sense-gravity suction in the lower chakras and the upward pull of polarized kundalini energy within the upper chakras. In its lowest expression, the third chakra is the greedy “me” center, a world of limitation and imitation determined by our personal and ancestral karma. In its lower frequency expressions the third chakra is dominated by our little hurts – what I call our “drama clots.” The third chakra is the stage on which fantasy dramas play out. In the third chakra, all of our “*mental and emotional energies*” (ARC) are always “*dramatizing the desire for attention to self.*” In our third chakra we live in a continual state of “*self-doing and self-acting*” (ARC). This means when I live through the lower expressions of my first three chakras, and more specifically, my third chakra, I think I am separate and self-sufficient, and I put my trust in what my senses tell me about how great I am doing. Most experts or self-help gurus would tell us this is the way to prosper in our modern world. “Me first and me second” is the mantra

of most social media self-help chatter. Our Teachers would warn us that this is a perfect recipe for spiritual failure.

To depend upon the earthy mind and the five senses alone, is to use but a fragment of one’s memory, imagination, and will....To be lost materialistically in the labyrinth...of the glass darkly.

Next to the soul’s medallion in man’s present state of evolvment, the solar plexus is the most vital and contributing energy instrument of consciousness.

-Ann Ree Colton

Our greatest potential asset connecting us to our innate godliness and our greatest nemesis, keeping us in our own sin prison enclosures, is right here in the center of our torso – that is, the solar plexus or Manipura chakra. I will go into more detail on this process in the next two installments of the third chakra transformation in forthcoming talks.

On the level of personal experience we really have to get tired of being held captive by our lower sense impressions before we see that upgrading our chakra energy is necessary. Ann Ree describes the path of destruction which leads to the path of reconstruction. In *Kundalini West*, Ann Ree describes this awakening and dissolution process as follows:

Primal sense-instinct without conscious soul-contact produces saturation. Saturation produces vacuity and self-disgust. Self-disgust produces anguish and desire for purity. Desire for purity reverses the currents of the bundle of mind-stuff at the base of the spine. When this occurs, the senses of man become supersensible instruments.

When one has mastered the gravity stings of the lower planetary energies existing within the solar plexus, he has crossed over the abyss of Maya fixation into the frequencies of the soul. -Ann Ree Colton

In closing this mantram by Ann Ree:

*My soul contains
a diadem of remembrances,
of grace.
Whatever my senses say,
my soul knoweth more.*

