
We want to know what we are, who we were, and why we are here.

-Ann Ree Colton

The great paradox is that only by taking up the cross of selflessness, only by losing ourselves, can we find ourselves.

He that findeth his life shall lose it: and he that loseth his life for my sake shall find it.

-St. Matthew 10:39

Humility and self-denial give him the means of freeing his true being, given of God.

-Ann Ree Colton

Our spiritual identity is a gift from God to be used in service to God. Our true being is not selected by our ego, decided upon by our past lives' samskaras or grace, or by our ancestors' dictates. Our spiritual identity is not a possession. Our True Self is.

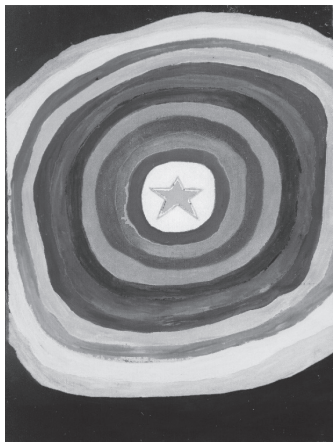
One may express his soul and his individuality with variation in countless lives; however, in each life he retains the "self" or spiritual identity. The self is of God. The self is not the person; it is not the body. The self is the deathless I am that I am.

-Ann Ree Colton

As we discover our spiritual identity, we ethically fulfill all of our roles and responsibilities, but we are not defined by them. We become what Ann Ree called "a free-to-serve initiate."

If the Son therefore shall make you free, ye shall be free indeed.

-St. John 8:36



Intercepted Soul-Power by Jonathan Murro (title and interpretation by ARC). "Such a person cannot express the spiritual identity. He suffers longing and yearning. For, to become whole, he must yet master unseen circumferences. The five-pointed star is the spiritual identity."

Don't let anyone impose their expectations of who you are!

Do you let others shape your life or do you let Great Beings shape your course?

-Ann Ree Colton

We must learn to focus on our grace gifts and the gift of our True Self – not egotistically, but with gratitude. And we must work diligently to put all that God has given to us to work for God. Ann Ree said, "We are universal cosmos ones. Call forth your giant-hood!" Jesus was a spiritual titan in the midst of unknowing men. Jesus knew who He was, where He came from, and where He was going.

Jesus answered and said unto them, Though I bear record of myself, yet my record is true: for I know whence I came, and whither I go.

-St. John 8:14

Jesus knew that His spiritual identity existed even before the world was made!

Even though Jesus took on the burden of the heaviness of the earth, He retained His spiritual identity.

-Ann Ree Colton

Jesus did not have to use His brief time on earth looking for His "original face."

The wonderful news is that our spiritual identity is already known in heaven and by our Teachers. In *The Human Spirit* we read that "Mediative Healers in the visible and invisible worlds....see man as he is, rather than as he thinks he is. They see him as he is to be, rather than as he has been." True Teachers do not shore up our false identities. Instead, they suggest that we begin the work of becoming who we really are.

In heaven and in earth, Jesus, the Lord of Mediation, will always remain Jesus. This is also true of all persons of the earth and all Beings in heaven: one retains his spiritual identity, even though his placement in Mediation may change.

-Ann Ree Colton

Nobly Born, O you of glorious origins, remember your radiant true nature, the essence of mind. Trust it. Return to it. It is home.

-The Tibetan Book of the Dead

