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# MEDITATION AND HOLY ATTITUDES

**T**hose who walk the Spiritual Path know that their mental, emotional and spiritual attitudes are sounding harps through which God speaks to other men. -Ann Ree Colton

Holiness is Bliss. Therefore, he who lives in holiness attains bliss.

Holy attitudes attract holy anointings by the Spirit of God. Meditation becomes holy through holy attitudes. Holy attitudes during meditation enable one to remain centered as a prophet-revelator blessed by the peace, providence, and protection of Almighty God and His Eternal Son, the Living Christ.

When a meditator has been faithful in his vows for many years, he is enfolded within the Love-Presence of God. His meditations bring forth priceless harvests of grace and truth.

Within God's Love-Spirit are myriad degrees of bliss, ecstasy, and joy. Bliss-anointings by God's Holy Spirit produce mighty revelations; ecstasy-anointings contain exalted realizations; joy-anointings manifest sacred inspirations. The versatility of the anointed is the result of union with the voltage of God's versatile Spirit.

The holy Spirit of God as pure bliss and pure love visits those who revere His Laws and Commandments and observe daily prayers and meditations based upon vows and covenants. To be anointed by God's Spirit of bliss-love is to be received into His holy company of enlightened servants. Through the bliss-anointing of God's Holy Spirit, one becomes enlightened through an unwavering love for scriptural Laws; he becomes illumined through the wisdom, truth, and grace of God's Presence within divine virtues, ethics and principles.

Before one can experience marital "bliss," he must first speak marriage vows to his beloved. Before one can experience divine bliss, he must first speak vows to God. Bliss in marriage with a physical mate and bliss in the Divine Marriage with God's Holy Spirit can be experienced only through the keeping of vows spoken in the spirit of love, devotion, and sincerity.

Bliss in marital life is a reality, and bliss in the spiritual life is a reality; however, in each instance, bliss is a special grace that is earned only through the making and keeping of vows.

Teachers and gurus who teach meditation and promise bliss to their students – and fail to teach the Laws and Commandments of God are exploiting meditation. This is shameful for the teacher or guru and dangerous to their students.

*His delight is in the law of the Lord; and in his law doth he meditate day and night. -Psalm 1:2*



Before one can receive holy-inspirations from the First Heaven, his attitudes must be purified to the degree of the First Heaven's light and grace. Further initiatory cleansings and purgings of one's attitudes toward God and his fellow man prepare him for union with the Second-Heaven degrees of telepathy. In time, his attitudes will express the purity and constancy in love that will unite him with the Third-Heaven degrees of revelation grace. Thus, during meditation and at other times, the servant of God who expresses holy attitudes will be united with the Three Heavens – and his words and works will be inspired by the higher degrees of God's Holy Spirit.

The greater States of Grace are attained only through enlightened attitudes. Enlightenment is the expression of enlightened attitudes. To work with God, the Christ and one's Living Teacher in the transformation of attitudes produces rapid results on the Path of love and virtue. In this, one's meditations, dreams, and creations are blessed and prospered.

Meditation without love is extremely dangerous. Meditators with hostile emotions and unloving, unforgiving attitudes do more harm than good during meditation. If one uses his meditations to send anger and hate to others, he is cursing them through Antichrist wave lengths of telepathy; he is using the same destructive power used by persons dedicated to voodoo and black magic.

One makes karma during meditation if he sends anger-telepathies to others. It is vitally important that a meditator practice love and vigilance, or else he will become a pawn of Satan during meditation, and thus do more harm than good through his angers, judgments, criticisms, and condemnations of others.

To meditate as an apostle of the Christ is to send love and blessings to the world, thereby opening one's ears to the telepathic wavelengths of the Kingdom of God.

*O Lord, heal my attitudes so that all that I do may be filled with a right spirit – a spirit charged with love for Thee. May I become one with Thee through love and virtue. And may my attitudes emulate the enlightened attitudes of the Lord Jesus, the Saints, and the Apostles who have blessed the world through their holy vows. In Jesus' Name. Amen.*